

# Personal Quiet Time

## **Read / Reflect / Respond**

What is a personal quiet time?

**Passage:**

### **Step 1 — Read**

Choose a book of the Bible to read. Read the entire book before studying smaller portions each day. Before reading the passage, pray. Read the passage slowly. Read the passage again. Take note of words describing God. Take note of key words and phrases.

## Step 2 – Reflect

Reflect on what the passage says. Ask God to help you answer the following:

- What does the passage teach about God's character and His values?
- What does the passage teach about people (or myself)?

Write your answers.

## Step 3 – Respond

Respond to what the passage says. Take action by praying about and applying what the passage says. Speak to God (or write a short prayer) about what is on your heart and mind after studying the passage. Pray the words of the passage back to God. Write how you plan to apply what the Scripture passage taught you.